



TRI-CITY UNITED
TITANS
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2019 Tri-City United Spring Sports Preview

Titans to be competitive on the baseball diamond

Coach
Bruce Davis - 33 years

Assistant coaches
Asst. Varsity-Jay Fredrickson
JV- Matt Miller
9th-Mark Gregor
8th-Jason Hollom
7th-Austin Pinke & Bruce Hollom

Key Players
Devin Vosejpka, 12th, 3 year starter
Matthew Feddema, 12th, Infielder
Kody Glende, 12th, Pitcher
Sam Barnack, 12th, Outfielder
Tyler Sladek, 12th, Outfielder

fielder
Kayden Factor, 10th, Catcher
Nick Johnson, 12th, Pitcher

Keep your eye on
Dawson Pint, 11th, Infielder
Kiern Fisher, 11th, Infielder
Adam Fredrickson, 11th, Infielder
Eric Rabenberg, 11th, Outfielder
Mateo Alanzo, 11th, Outfielder

Outlook
Last spring the Titans were 11-8 on the season and 6-6 in the always tough MRC Conference.

The 2019 Titans look to be very competitive in both the Conference and Section. The Titans have some very good athletes on the team, and it will come down to getting quality starting pitching and a strong defense for the Titans to pick up a lot of wins this spring. The Titans' goal is to be playing their best baseball when the section tournament begins.

The favorites for both the Minnesota River Conference and Section 2 AA are Le Sueur and Jordan.

Comments from the coach
Kody Glende could be the best pitcher in the MRC. If he throws strikes consistently he could dominate hitters. Devin Vosejpka and Matthew Feddema both have a lot of varsity at-bats and must lead this team offensively for this squad to be successful.

Kayden Factor came up and started on the varsity last year and did a tremendous job. If he continues to work hard and improve he could develop into one of the best catchers in the MRC and Section 2 AA.

Roster Seniors
Matthew Feddema
Nick Johnson
Sam Barnack
Baseball to 10



Devin Vosejpka is one of the several seniors on the baseball roster for the TCU Titans.

Softball returns with power on the mound

Head Coach
Phil Murry, 29th year

Student Manager
Brooke Holicky

Assistant Coaches:
Carolyn Harmeyer (B) Taylor Farm (Pitching Coach)
Sarah Blaschko (Varsity Assistant)
Sarah Adams (Junior High)
Jillian Gangl (Junior High)

Record Last Year: 8-15



Pitcher Elly Novak and first baseman Ellaina Novak are two of the softball team's strong players this season.

Goals
At a minimum to turn that record around. On paper, we have the people to do that. We just need to get on the field and produce. I expect a top three finish in our conference. If we do that, I think we could put ourselves in a position for a nice run in the postseason.

Strengths
One of our strengths should be on the mound. I would put our pitching staff up against any in our conference. Elly Novak will head that staff again. This will be her fifth year pitching at the varsity level. In that time she has struck out close to 600 batters. We also hit for a decent average as a team. Last year we hit over .270 as a team.

Areas to Improve
Defense is the first area. We averaged over three errors a game last year. We can't continue to allow that many extra outs and extra baserunners this year. We really spread those errors around and need to improve as a team.

The second area we need to improve is cutting down on our strikeouts. We hit well as a team, but struck out way too many times. You give yourself no chance when you don't put the ball in play.

Our last area is we need someone to step up offensively to take some of the pressure off of Elly Novak. If we can get the people around her to put the ball in play consistently, she will see more pitches to hit.

Players
Elly Novak - she has proven herself to be one of the best players in our area. She was the pitcher of the year in our conference as a sophomore and was probably better as a hitter that year. Already has over 120 hits in her career.

Ellie Singleton - third year as our starting shortstop. She has gotten better every year.

Softball to 10

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2019 Tri-City United Spring Sports Preview

A balanced boys' track team returns veterans to lead

Coaches

Head Boy's coach: Craig Nordling, third year as head coach, seventh year coaching track at TCU

Assistant coaches

Chad Polson - distance coach sixth year, James Timmerman - throws coach first year, Jon Hammerschmidt - pole vault coach third

Managers

Sydney Walters, Audrey Wasiloski, Mackenzie Marks

Top Runners

Name	Yr.	Events	2018 honors, achievements
Hugo Ruiz	Jr	800, 1600	Class A State - 1600m (8th) and MRC Runner up /All-Conference Hon. Mention in both
Mike Fischer	Sr	100, 200	
Hunter Rutt	Jr	4x800, 3200	
Austin Antony	Jr	Mid-Distance	

Top field athletes

Jackson Nesmoe	Jr	Pole Vault	MRC Champ/ All-Conference, Class A State (3rd) Section 2A qualifier
Thomas Budin	Sr	Pole Vault	
Jose Reyes	Jr	Discus	

Key newcomers

Name	Yr.	Events
Jack Erickson	So	Hurdles
Jordan Meyer	Fr	Hurdles
Zack Wendorff	Jr	Sprints

Outlook

Many individuals on the team that will contribute heavily in both field and running events. Even balance on the team through the different grades will allow for veterans to lead and younger members to contribute. This year, there is added depth in our mid-distance/distance runners, which will allow for us to field a more complete meet roster. With eight returning members who registered all-time top five marks last

year, it will be exciting to see what happens this year.

Comments

Our numbers continue to grow. We still have members of the team who have not ran in a varsity track meet, however the number of upperclassmen we have retained is encouraging. We are returning with three pole senior vaulters, who all have the ability advanced to the Section Meet, and who will again be exciting to watch this year. In addition, underclassmen who are returning have potential to make it to the Section 2A Meet in Mankato. It will be fun to watch how the team progresses throughout the spring.

Goals

We are looking to improve from last year. Individual athletes will be working hard to improve their "Personal Records" and push to score points at the conference meet and advance to the Section 2A meet in Mankato. Getting both individuals and team relays to Mankato will show growth in our team.

Strengths

We are returning many athletes with experience. Most of the events will have at least one returning member from last years team. Experienced members of the team allow coaches to move past basic instruction to details with form and technique. Our upperclassmen will also be great mentors to the younger runners.



Messenger file photo

Hugo Ruiz returns as one of the boys' track and field team's long distance runners.

Conference outlook

As with most years, our conference will be led by Jordan and Belle Plaine as teams. All teams in the conference have strengths in various events. Our hope it to have balance throughout the events which will hopefully enable us to push for a top conference finish.

Section outlook

For TCU, our hope is to be able to send athletes to the section meet in all areas. We have many athletes with the ability to make it to the Section 2A Meet in Mankato. It would be nice to get a relay team or two there as well. Jackson Nesmoe and Hugo Ruiz have excellent chances of returning to the State Track and Field Meet. It would be exciting to see other members of the team advance too.

By the numbers

13 - returning letter winners
6 - seniors
4 - returning Section 2A Qualifiers from 2018
2 - returning State Qualifiers

Roster

Seniors
Ezekiel Arquieta
Thomas Budin
Adrian Farias
Mike Fisher
Jackson Nesmoe
Joshua Pichotta
Mario Sanchez
Juniors
Austin Antony
Caleb Brown
Frank Doyle
Ben Heyda
Jose Reyes
Hugo Ruiz
Hunter Rutt
Zach Wendorff
Sam Miller

Steve Miller

Sophomores
Jaden Buckingham
Thomas Bulger
Jack Erickson
Isaac LeBrun
Aidan McNamara
Grant Spencer
Reese Tuma
Michael Zurn
Freshmen
Connor Antony
Tyler Gaudreau
Chase Goecke
Ashton Matejcek
Jordan Meyer
Kristofer Ruiz
Austin Rutt
Dylan Thompson

Young team returns for girls' track

Coach

Brian Fogal

Managers

Sydney Walters and Audry Wasiloski

Conference record

last season

4th in MRC

Goals

This year we are looking to improve on our fourth place finish at the conference meet. We want to continue to improve all season and stay healthy.

Strengths

We return most of our team from last year. We are still very young with most of our team in ninth and tenth grade, but with a year of experience, I believe we will be able to do very well.

Areas to improve

Our girls distance is relatively small. We will need to move athletes up to the further distances and stretch out some of our middle distance runners.



Messenger file photo

Grace Factor is one of the returning athletes to the TCU girls' track and field team. She is pictured in the long jump at the TCU meet last year.

Key athletes

We will rely on senior Maggie Trnka who had a

great junior season in high jump and throws.

Grace Factor came on strong last year in the long and triple jump until injuries ended her season early.

Anabelle Davies and Erika Kaderlik will lead our middle distance runners.

Holly Schendel, Alexis Neubauer, and Charlotte Houn are our top sprinters.

Outlook

I expect that as the season moves forward we will continue to improve. We have had a great attitude and effort so far these first couple

weeks. Belle Plaine and Jordan girls are both very good and have great numbers. They are in a class by themselves. TCU hopefully can be top of the rest of the conference.

Conference and Section favorites

Belle Plaine

Roster

Seniors
Caitlyn Gare
Jaylee Hanvelt
Kelly Vlasak
Mackenzie Harstad
Maggie Trnka

Olivia Schoenbauer

Rosa Voois
Shawna Berdan
Juniors
Alexis Freeman
Erica Jackson
Geena Ehlers
Grace Factor
Holly Schendel
McKenzie Bly
Montana Bly
Sophomores
Abigail Flynn
Alexis Neubauer
Anabelle Davies
Erika Kadrlik
Gisselle Hernandez
Jessica Dull

Josie Plut

Kathleen Pichotta
Kathryn Wieser
Lanjing Busian
Marissa Gare
Freshmen
Anna Barnett
Charlotte Houn
Cynthia Balcasar-Mendez
Ella Rise
Stephanie Martinez
Haley Goettl
Liz Beth Mendez
Maddie Dooley
Maricruz Padron
Michelle Ramirez
Monserrat Ruiz

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2019 Tri-City United Spring Sports Preview

Boys' team has largest number of golfers this year

Coach
Adam Larson (head), Bryce Brunz (asst), Tiffany Crabb (Jr. High)

Overall record last season
Second place in conference (boys), third place (girls)

Goals
Boys are going to try their best to win the conference championship and get a couple of individuals to the state tournament. For the girls, we are working on growth and improvement.

Strengths
Numbers! We have a lot of boys out for the team 9-12. This is easily the biggest number we've seen. There is going to be plenty of competition, and hopefully this will



Messenger file photo

Senior Jacob Duque is one of the seniors returning to the TCU varsity golf team this year.

spur us on to make big gains. We have amazing leadership from our seniors this season and hopefully the rest will be inspired to come along for the ride.

Areas to improve
The team needs the freshman and sophomore class to make huge strides individually so that in the next couple of years we have a solid core that can continue to push on. We need to become mentally stronger and know that we are good enough to compete with any of the teams. Our confidence needs to grow and we need to expect great things to happen to us.

Key athletes
Jacob Duque (returning all conference) and Josh LeBrun

(all conference honorable mention) have been with the program since seventh grade and have done everything they've been asked to do over the years. They've improved each year as their stroke average has gone down every year. They work harder and put in more time than any golfer I've ever seen. They truly love the sport, and it is going to pay off this year.

Outlook
Our girl's program is very raw, with only three members out. We need to have great attitudes and not care about day-to-day results, but focus on long term growth. My girls' captain is Jorgia Pumper and she is a great kid who has improved a ton over the last three years. She will


need to show good leadership to these girls and teach them the ropes about playing in a golf meet.

Conference favorites
Jordan would have to be considered the favorite, based on the fact that they've won it every year since I've been here, but don't sleep on those TCU Titans sneaking up to steal that title away.

Roster Seniors
Matthew Bartholomew
Jacob Duque
Josh LeBrun
Juniors
Austin Kristiansen
Jarrett Long
Nichlas Novotny
Andrew Trnka
Nicholas Deutsch

Chase Vargo
Sophomores
Hayden Arndt
Tyler Glockner
Landon Skluzacek
Jack Paggen
Tanner Smith
Darien Schoenbauer
Matt Rabenberg
Gabe Robinson
Aiden Blaschko
Dawson Drentlaw
Freshmen
Dylan Hunt
Alex Schley
Adam Henze
Logan Blaschko
Gavin Hollund
Ryan Miller
Ryan Westerhouse
Colton Nelson
Brody Lerfald

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Softball

from 8

Very consistent. Does the little things well.

Ellaina Novak - only a freshman, but starting her second year on the varsity Plays first base and is our No. 2 pitcher.

Sydney Sartori - put her in at second base last year. Has really progressed as a defensive player. Looks ready to break out offensively.

Destiny Dunagan - kind of a wildcard for us. Very athletic, runs well. Trying to find the best spot to get her in.

Conference Favorites
Norwood Young America came out of nowhere last year with a very young team. Le Sueur-Henderson is another fast improving young team and Jordan always seems to find kids to fill the roles.

Section Favorites
Other than NYA, our conference is in our section. As

always, our section at some point seems to go through St. Peter and they look to be very strong again.

Roster Seniors
Destiny Dunagan
Grace Vollmer
Elly Novak
Amelia Schatz
Alexys Boyd
Juniors
Keilee Westlee
Cohl Paggen

Sydney Sartori
Lily Barnes
Ellie Singleton
Sophie Franek
Madison Johnson
Kalli Ryks
Rachel Goldman
Sophomores
Brooke Blaschko
Rachel Rynda
Freshman
Elaine Novak
Eighth grader
Ava Rud

Baseball

from 8

Kody Glende
Devin Vosejpka
Nick Thompson
Tyler Sladek

Juniors
Mateo Alanzo
Adam Fredrickson
Kiern Fisher
Jack Sladek

Graham Rice
Jacob Ziemer
Dawson Pint
Eric Rabenberg
Thad Fleenor

Michael Sticha
Sophomores
Kayden Factor

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